

Dr. Meenal R. Sohani.

CLINICS : 1. Niramay Healing, Mayur Colony, Kothrud,
2. Clinic for “Emotional wellness and counselling” at Prana,
Homoeopathic Yoga centre, Wakdewadi, Shivajinagar, Pune.

WEBSITE & E-MAIL : www.drmeenalsohani.com ;
drsohani@gmail.com

CONTACT : Clinic –(020) 6522 2424 Mobile – 9822914545

EDUCATIONAL QUALIFICATIONS –

M.D. (Homoeopathy),
P.G.D.P.C.- post graduate diploma in psychotherapy and counselling
Clinical Hypnotherapist – Diploma in hypnotherapy

PROFESSIONAL EXPERIENCE :

Practicing Classical Homeopathy more than 20 years. Specialist in treating behavioural and emotional problems with Homoeopathy. Specialist in counselling on emotional, behavioural, stress related issues and personal growth. Specialist in **MIND- BODY medicine.**

Counsellor for various psychological problems of adults and children;
Couselling esp.ly on emotional and health issues, relationship problems and stress.

Gives guidance to parents regarding behavioral problems of children and healthy parenting.

Clinical Hypnotherapist for treatment of various physical and emotional problems and Mind conditioning. Treats various emotional disorders, relationship problems, fears and phobias, addictions; and physical disorders like obesity, pain-management, allergies through many hypnotherapies like child hypnosis, Age regression, Past life regression etc.

Consultant at Clinic for “emotional wellness and counselling” at Prana – The Homoeopathy and Yoga centre, world’s first Homoeopathy Yoga centre.

Counselor for two MPL Cricket teams in 2011 one of which was the Winner of MPL.

Was **Honorary Physician and Honorary teaching faculty** in Dhondumama Sathe Homeopathic Medical College, Erandavana, Pune

Seminars and Presentations :

Conducts workshops, lectures in various Industrial organizations, schools, colleges and educational institutes for awareness on various topics like-

Stress management	Emotional Intelligence
Chakra cleansing and balancing	Interpersonal communication
Healthy Parenting,	Handling Adolescence

Some of my esteemed clients are Bajaj Auto, ARAI, Tata Motors etc...

Regularly takes lectures and seminars with case presentations on various homoeopathic subjects in homoeopathic colleges, for UG and PG students and in workshops for practitioners and foreign doctors.

Conducted **special lectures on Stress management** in National Chemical Laboratory(N.C.L.- a renowned research institute) Pune; Bank of India; Maharashtra Medical Foundation's Ratna Hospital, Pune.

Conducted **series of lectures on Radio –“Pune Akashvani”** on stress and women's emotional health, parenting, adolescent development etc.

Author of a series of articles in leading local news paper **SAKAL- 'FAMILY DOCTOR'** on various aspects of homoeopathic medicines.

Author of a series of **articles on “Niramay palakatwa”**(healthy parenting) published in leading local news paper 'SAKAL' ;Author of series of articles called 'SANGOPAN' (child care)published in 'LOKMAT' a popular news paper in Maharashtra, India. Regularly writes on various psychological issues and Homoeopathy.

A set of four Video C.D.s on “healthy Parenting” in regional language for the parental guidance and education, for children below 10yrs, and Set of DVD's on “Handling Adolescents”

Participated in television shows (live question-answer shows on Zee T.V.) several times on topics - “how to cope with failures in important examinations”, “sex education in adolescents”, “problems in modern parenting” ,”Homoeopathy and behavioural issues” etc.